

Prize coaching! Philip Golding wins the Open International de Paris 2011

Back in touch with victory after 8 lean years, Philip Golding has just won the 2011 edition of the 'Open International de Paris' held on the Lys Chantilly course.

With a score of -12, the British player adds a new title to his list which hasn't been the case since his victory in 2003 at the Open de France.

Since last February, Philip Golding chose to train with Stéphane Bachoz, co-founder of the Triangulaid method and the results are here: a first title for this promising Franco-British union!

A constructive encounter

Philip Golding and Stéphane Bachoz met in October 2010, during the « Les drives de St Tropez » Pro-Am.

An exchange about golf in general, as well as on Stéphane Bachoz's technique and « incomparable » way of coaching, based on the Triangulaid method, convinced Philip Golding to work with him. "What he said made sense! We remained in contact and then went off to Marrakech to train" says Philip Golding.

Of course, the objective was to concentrate on the swing as if it were the most natural of gestures in order to gain rhythm and balance, which in turn helps to obtain more consistency in the striking of the ball but also to optimise "le business" in order to win again. Since last February the Golding/Bachoz team has been revising.

After missing 3 cuts since the beginning of the season: The Kenya Open, The Allianz Challenge de France in Disneyland Paris and in Tuscany (2nd with -4 after the 1st round...), Stéphane Bachoz's coaching pays off: Philip Golding won The Open International de Paris, this Sunday 22 May, after a very close last round.

Triangulaid: A « revolutionary » and effective method

Co-founded 20 years ago by Bill Owens and Stéphane Bachoz, the Triangulaid method takes a very original approach to golf. Thanks to its pedagogical diversity, it offers the opportunity for players to find their own natural gestures. Not only have the results been spectacular for beginners but also in the accompanying of amateurs to Pro and in the coaching of professional golfers.

In proof, 5 pupils trained and formed by the Triangulaid method have become PGA Pros coaches over the last three years, without forgetting the recent victory of Philip Golding.

The Triangulaid method divides golf into 3 areas:

- "Sport", all strokes that our physically engaged from a 4 iron to a Driver.
- "Game", all "natural" stokes that don't require physical effort so that you swing « like you walk » from a 5 iron to PW.
- "Business", all small strokes and putting, that require technique and discipline.

The method aims to install a Natural Gesture which uses the same parameters as walking. Everyone being unique, so is their swing. Pupils formed by the Triangulaid method adopt a gesture which is unique to them, based on the rhythm of their pace and discover how to hit a ball without any physical effort.

The Triangulaid method is just as much philosophical as it is technical.

Based on precise pedagogical messages that are easily assimilated, they allow for each individual to progress, at whatever level, while respecting the fact that everyone is different.

Le 24.05.11

Philip Golding news

- End May: In view of the Ryder Cup to be held in France in 2018 and with the forthcoming Open de France 2011, and as a former winner (2003), Philip will do a recce of the "Golf National" course: analysis and comments for the French and British press.
- 2 - 5 June: Karnten Open, Austria
- 9 - 12 June: Allianz Open de Bretagne, France
- 16 - 19 June: Open de St Omer, France
- 30 June - 3 July: Open de France

About Stéphane Bachoz

PGA France member and co-founder of the Triangulaid method.

At the age of 33, passionate about golf, Stéphane leaves his job as Development Director for the Bistrot Romain restaurant chain to begin the Triangulaid adventure. Thanks to this method he jumps from a handicap 4 to -1.

Since 1995, alongside Bill Owens, he takes charge of promoting the Triangulaid method on a national and international level and teaches golf, from beginners to professionals.

Since 2007, he directs and animates the Triangulaid Golf Center at the Villiers sur Marne (94) and the Noisy-le-Roi (78) practices.

Press Contact

Triangulaid

Stéphane Bachoz

Tel: + 33 6 72 94 18 97

www.triangulaid.com